



























Brand	Model	Description	Quantity	Price per unit	Image
<b>Cardio</b>					
Life Fitness	9500HR Stepper	Full working order.	1	£70	
Life Fitness	Life Cycle Recumbent Bike	Full working order.	1	£150	
Life Fitness	9500HR Crosstrainer	1 has arm cover missing. 2 slightly rough sound	3	£150	
Matrix	Crosstrainers	Excellent working order	2	£450	
Pulse Fitness	Treadmill	3 in working order. Pulse sensors temperamental	3	£700	
Pulse Fitness	Crosstrainer	7 in good working condition. 1 needs battery. 1 bottom buttons not working . 2 effort button broke. 1 no pulse sensors.	12	£450	
Pulse Fitness	R-Cycle Upright Bike	1 in working order	1	£300	
Pulse Fitness	R-Cycle Recumbent Bike	4 in good working order. 1 has no ipod dock.	5	£300	
Pulse Fitness	Extreme Crosstrainer		1	£100	
Precor	C846i Upright Bike	Working (worn seat, needs recovering)	1	£75	
Precor	EFX546 Crosstrainer	In good working condition.	1	£170	

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Gym Gear	X97 Crosstrainer	All in good working condition.	1	£350	
Gym Gear	C97 Upright Bike	1 in good working order	1	£200	
Gym Gear	R97e Recumbent Bike	Good condition - some wear and tear - Grey with touchscreen display	1	£295	
Gym Gear	C97e Upright Bike	Good condition, some wear and tear - Grey with touchscreen display	1	£295	
Gym Gear	R97e Recumbent Bike	Good condition / Ex showroom - Grey	1	£895	
Gym Gear	C97e Upright Bike	Good condition / Ex showroom - Grey with touchscreen display	1	£800	
Gym Gear	C97e Upright Bike	Brand new / Boxed - Grey with touchscreen display	5	£895	Boxed Item
Gym Gear	R98e Recumbent Bike	Good condition / Ex showroom	1		
Gym Gear	R97e Upright Bike	Brand new / Boxed - Grey with touchscreen display	3	£995	Boxed Item
Gym Gear	X95	Good used condition	1	£200	
Gym Gear	Crosstrainer - home use	Good used condition	1	£150	

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Stairmaster	Stratus Upright Bike 3300CE	1 in good working condition. 1 has slight squeek.	2	£100	
<b>Strength</b>					
Gym Gear	Smith Machine	Bar doesnt run smoothly - Features linear bearings	1	£500	
Gym Gear	Dual Adjustable Pulley	Good condition - Only one side is adjustable / the other side is a fixed a high pulley only	1	£1,000	
Gym Gear	Elite Torso Trainer	In good working condition. Side plastic cover missing.	1	£650	
Gym Gear	Performance Series Rotary Calf	New - Built	1	£900	
Gym Gear	Performance Series Pec Dec	New, boxed	1	£1,100	
Gym Gear	Performance Series Lat Raise	New, boxed	1	£1,100	
Gym Gear	Performance Series Bicep Curl		1	£1,050	
Gym Gear	Performance Series Cable Crossover	New, boxed	1	£1,050	
Gym Gear	Performance Series 45 Degree Hack Squat	New, boxed	1	£800	
Gym Gear	Performance Series Ad/Abductor	New, boxed	1	£1,100	

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Gym Gear	Performance Series Flat Olympic Bench	New, boxed	2	£350	
Gym Gear	Performance Series Incline Olympic Bench	New, boxed	2	£350	
Gym Gear	Performance Series Preacher Curl	New, boxed	1	£250	
Gym Gear	Performance Series T Bar Row	New, boxed	1	£350	
Gym Gear	Performance Series Multi Ab Bench	New, boxed	4	£250	
Gym Gear	Performance Series Olympic Shoulder Bench	New, boxed	1	£435	
Gym Gear	Multi press	Older style - excellent condition	1		
Life Fitness	Bicep Curl	Good condition & working order - blue pads	1	£200	
Life Fitness	Abductor	Good condition & working order.	1	£150	
Exigo	Wall Mounted Rig	Good condition & working order.	1	£1,350	
Hoist	Lying Leg Curl	Scuffs on paint but in good working order	1	£100	

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<b>Accessories</b>					
Life Fitness	Dumbbell rack 10 pair 2 tier		1	£90	
Gym Gear	Rubber Barbells - New	3 x 15kg / 1 x 25kg / 3 x 35kg / 3 x 40kg / 3 x 45kg		POA	
Unbranded	2 Tier Dumbbell Rack		1	£50	
<b>General Information</b>					
<p><i>All equipment is sold as seen and the pricing is both exc VAT and exc delivery.            Products are supplied without warranty and each item has been checked and is in working order at the point of sale.</i></p>					

Fitness Warehouse Ltd  
 82 Roman Way Industrial Estate  
 Preston  
 Lancashire  
 PR2 5BE  
 Tel: 01772 653206  
[sales@FitnessWarehouseUK.com](mailto:sales@FitnessWarehouseUK.com)  
[www.FitnessWarehouseUK.com](http://www.FitnessWarehouseUK.com)

